BAE PRE-PROFESSIONAL DIVISION
2026-2027 SCHOOL YEAR
LEVELS 1 - 4

LEVEL 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Technique	5:00-6:00 PM	3:45-4:45 PM		4:00-5:00 PM	3:45-4:45 PM	10:30-11:30 AM	11:30-12:30 PM
Stretch & Strength						11:30-12:00 PM	12:30-1:00 PM

Minimum study requirement is two technique classes weekly.
Students are encouraged to take an optional Stretch & Strength class on either Saturday and Sunday

LEVEL 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Technique	4:30-6:00 PM	4:45-6:15 PM		5:15-6:45 PM		10:00-11:30 AM	1:00-2:30 PM
Stretch & Strength						11:30-12:00 PM	12:30-1:00 PM

Minimum study requirement is three technique classes weekly.
Students are encouraged to take an optional Stretch & Strength class on either Saturday and Sunday

LEVEL 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	4:30-6:00 PM	4:45-6:15 PM		5:00-6:30 PM		11:45-1:30 PM
Modern				6:30-7:30 PM		
Character						1:45-2:45 PM

Minimum study requirement is four days per week.
All classes are required.

LEVEL 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	6:00-7:30 PM	4:30-6:00 PM	4:30-6:30 PM	5:00-6:30 PM	4:45-6:30 PM	10:00-11:30 AM
Pointe/Variations		6:15-7:30 PM	6:30-7:00 PM		6:30-7:30 PM	11:45-1:00 PM
Character						1:45-2:45 PM
Modern				6:30-7:30 PM		
Men's Class					6:30-7:30 PM	

Minimum study requirement is five days per week.
Monday, Thursday, Friday, and Satruday are required for all. Students may choose to attend either Tuesday or Wednesday

Taking Additional Classes

Level 1 students are welcome to sign up for an additional technique classes each week, at an additional fee. Please reach out to info@baenyc.com to sign up.
Level 2, 3, and 4 students are encouraged to take additional lower level classes whenever possible. There is no extra fee for additional classes in these levels.

Schedule is subject to change.

10/15/2026

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