



BALLET ACADEMY EAST HEALTH, SAFETY AND OPERATIONAL GUIDELINES

The following comprehensive plan has been established to allow Ballet Academy East (BAE) to welcome our students, faculty, and staff back into the studios. These policies and protocols are based on guidance from the Center for Disease Control and the NY State Department of Health. The health and safety of our students and employees is of paramount importance to Ballet Academy East. We are fully committed to continually updating and revising this plan as new information about the virus becomes available.

COMMUNITY GUIDELINES

The Health of our BAE Community is a responsibility we all share. Our ability to conduct in-person learning rests on our collective commitment to be diligent regarding all the new policies and procedures as well as personal health and hygiene.

Stay Home if Sick or Exposed

Students, parents, caregivers, faculty, and staff should stay home if they have any of the following symptoms: fever, cough, sore throat, nausea, vomiting, diarrhea, extreme fatigue, body aches, shortness of breath, rash or lost sense of taste or smell. If you are experiencing any of these symptoms, consult your medical professional immediately. In addition, you must get tested before returning to BAE.

If you, or anyone in your home, have been diagnosed with COVID-19 or have been notified by the NY Department of Health that they were in contact with an individual infected with COVID-19, you must notify BAE at once.

GENERAL SCHOOL GUIDELINES

COVID-19 Vaccination

Proof of vaccination against COVID-19 is no longer required to enter BAE as of February 15, 2023.

Face Masks

Masks will be optional for everyone of all ages while in the BAE studios, dressing rooms, and hallway areas beginning Monday, April 4, 2022.

Please note that masks will still be required;

- When returning to BAE for days 6-10 after testing positive for COVID-19.
- For 10 days after being exposed to someone who is positive for COVID-19.

Some students and staff may wish to still wear masks in class. Please know that we completely respect and support everyone's personal choice.

Important Reminder for ALL

If you are experiencing any cold, flu and/or COVID symptoms, please do not come to BAE. In addition, you must get tested before returning to class.

Hand Hygiene

Hand sanitizing or washing is required before and after class. Hand sanitizer stations are available throughout BAE as well as soap and paper towels in the bathrooms.

Enhanced Cleaning, Disinfection, Ventilation, and Studio Capacity

Enhanced cleaning protocols have been implemented throughout BAE. Surface treating technologies such as electrostatic equipment with CDC approved disinfectants will be utilized to sanitize our studios. The entire premises will be deep cleaned and disinfected each evening.

Indoor air quality has been improved with the installation of two REME HALO® in-duct HVAC air purifying systems and every studio has been equipped with an EnviroKlenz UV-C air purifier with an air exchange rate of 10-15 times per hour. Window exhaust fans are installed in every studio, and windows in all studios will be kept open to maximize the flow of outside air.

The occupancy capacity of BAE has been reduced to meet all federal, state, and local guidelines.

STUDIO OPERATIONS

Arrival and Class Procedures

- Be sure to follow all health and safety guidelines stated in this document, including mask-wearing, social distancing, health reporting, quarantining, etc.
- Be sure to arrive no more than 15 minutes prior to the start of your class.
- Students may be dropped off. Parents/caregivers do not need to wait on the premises during class.
- Parents may wait on the benches during class.
- Students must exit the studio immediately after class and leave BAE no more than 10 minutes after class.

Dressing Room and Bathroom Facilities

- Dressing rooms are available for quick changes.
- Students are encouraged to arrive already dressed for class.

COVID-19 PROCEDURES

We will closely monitor the latest developments regarding COVID-19 to ensure that we are continuing to follow appropriate recommendations from health authorities to maintain a safe environment.

Entering BAE Following Illness, Isolation/Quarantine

Following COVID-19 illness, you must meet the CDC and BAE quarantine/isolation criteria before returning to the studio. The link to review the CDC criteria for ending quarantine/isolation is:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

- Stay home and completely isolate from others for five days. (Day 0 is the first day of symptoms or the date of the day of the positive viral test for asymptomatic persons.)
- If you are completely without symptoms after five days, you may return to BAE.
- It is recommended that you take an Antigen test before returning to BAE.
- If you still test positive with an Antigen test, please wait until you have a negative test before returning to BAE.

Note: Following confirmed non-COVID illness, students must have no symptoms and be fever-free for 24 hours without the use of fever reducing medication.

COVID-19 Exposure

If any member of our community comes into contact with someone who has tested positive for Covid-19, they must follow the most current CDC instructions for quarantine as listed here:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

- Students and staff do not need to quarantine after exposure.
- Wear a mask for 10 days and get tested on Day 5 following your exposure.

If Someone Becomes Sick at BAE

- If a child (under 18 years of age) becomes ill while at BAE, the child will quickly be brought to an isolated area. BAE staff will contact their parent or guardian to take the child home.
- If an employee or an adult student becomes sick at BAE, the employee or adult student will leave the building immediately.

COVID-19 Reporting and Privacy

- If you have been to BAE and have then tested positive for COVID-19 within 10 days of your last visit, please notify the school immediately by emailing info@baenyc.com. Please include the date of the positive test and the onset of symptoms (if applicable).
- BAE will immediately notify any students, parents, faculty, and staff who came into contact with the infected person.
- The sick person's identity will be kept confidential.

COMPLIANCE WITH HEALTH AND SAFETY PROTOCOLS

Ballet Academy East is responsible for ensuring that all occupants of our space have been provided with clear and thorough instructions regarding BAE's health and safety practices. Please be informed that any person who fails to comply with the health and safety protocols set by BAE will be asked to leave the school.