

BALLET ACADEMY EAST
2024-2025 LEVEL 5 AND UP SCHEDULE

LEVEL 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	4:30-6:15 PM	4:30-6:00 PM	4:30-6:00 PM		4:45-6:30 PM	10:15-11:45 AM
<i>Pointe/Variations</i>	6:15-7:15 PM		6:00-7:00 PM		6:30-7:30 PM	12:00-1:00 PM
<i>Men's Class</i>			6:15-7:15 PM		6:30-7:30 PM	
<i>Modern</i>		6:00-7:00 PM				
<i>Contemporary</i>						1:00-2:00 PM

Men take Pas de Deux on Saturday 2:00-3:00 PM
 Classes on Monday and Friday include fifteen minutes of stretch

LEVEL 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	4:30-6:15 PM	4:30-6:00 PM	4:30-6:00 PM	5:00-6:30 PM	4:30-6:15 PM	12:00-1:30 PM
<i>Pointe/Variations</i>	6:15-7:15 PM	6:00-7:15 PM	6:00-7:00 PM	6:30-7:30 PM	6:15-7:30 PM	
<i>Men's Weight Training</i>		6:15-6:45 PM				
<i>Men's Class</i>			6:15-7:15 PM	6:30-7:00 PM	6:30-7:30 PM	
<i>Modern</i>						
<i>Pas de Deux</i>						2:00-3:00 PM
<i>Contemporary</i>						3:00-4:00 PM
<i>Optional Tech.</i>	2:00-3:30 PM	2:00-3:30 PM		2:00-3:30 PM	2:00-3:30 PM	

Men take Pas de Deux on Monday, 6:15-7:45 PM
 Classes on Monday and Friday include fifteen minutes of stretch

LEVEL 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	4:45-6:15 PM	4:30-6:00 PM	4:30-6:15 PM	5:00-6:30 PM	4:30-6:15 PM	12:00-1:30 PM
<i>Pointe/Variations</i>	6:15-7:15 PM	6:00-7:15 PM		6:30-7:30 PM	6:15-7:30 PM	2:00-3:00 PM
<i>Men's Weight Training</i>		6:15-6:45 PM				
<i>Men's Class</i>		6:45-7:45 PM		7:00-8:15 PM	6:15-7:45 PM	
<i>Contemporary</i>						3:00-4:00 PM
<i>Pas de Deux</i>			6:15-7:30 PM			
<i>Optional Tech.</i>	2:00-3:30 PM	2:00-3:30 PM		2:00-3:30 PM	2:00-3:30 PM	

Men take Pas de Deux on Monday, 6:15-7:45 PM and Saturday 2:00-3:00 PM & 3:00-4:00 PM
 Men take Contemporary on Saturday from 4:00-5:00 PM
 Classes on Wednesday, and Friday include fifteen minutes of stretch

LEVEL 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	4:30-6:15 PM	4:30-6:15 PM	4:30-6:15 PM	5:15-6:45 PM	4:45-6:15 PM	12:00-1:30 PM
<i>Pointe/Variations</i>	6:15-7:15 PM	6:15-7:30 PM	6:15-7:30 PM	6:45-8:00 PM	6:30-7:45 PM	1:30-2:30 PM
<i>Men's Weight Training</i>		6:15-6:45 PM				
<i>Men's Class</i>		6:45-7:45 PM		7:00-8:15 PM	6:15-7:45 PM	
<i>Pas de Deux</i>						3:00-4:00 PM
<i>Contemporary</i>						4:00-5:00 PM
<i>Optional Tech.</i>	2:00-3:30 PM	2:00-3:30 PM		2:00-3:30 PM	2:00-3:30 PM	

Men take Pas de Deux on Monday, 6:15-7:45 PM and Wednesdays 6:15-7:30.
 Classes on Monday, Tuesday, and Wednesday include fifteen minutes of stretch

LEVELS 9/10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	4:30-6:15 PM	4:30-6:00 PM	4:30-6:00 PM	5:15-6:45 PM	4:45-6:30 PM	12:00-1:30 PM
<i>Pointe/Variations</i>		6:15-7:30 PM	6:15-7:30 PM	6:45-8:00 PM	6:30-7:45 PM	1:30-2:30 PM
<i>Men's Weight Training</i>		6:15-6:45 PM				
<i>Men's Class</i>		6:45-7:45 PM		7:00-8:15 PM	6:15-7:45 PM	
<i>Pas de Deux</i>	6:15-7:45 PM					3:00-4:00 PM
<i>Contemporary</i>						4:00-5:00 PM
<i>Optional Tech.</i>	2:00-3:30 PM	2:00-3:30 PM		2:00-3:30 PM	2:00-3:30 PM	

Men take Pas de Deux on Wednesday 6:15-7:30PM
 Classes on Monday and Friday include fifteen minutes of stretch
 Level 10 is an honorary title for longtime students who represent the highest example of who a BAE student is in every way.

Taking Additional Classes

Students are encouraged to take additional lower level classes whenever possible, especially on Saturdays.
 There is no extra tuition fee taking additional lower level classes.