

Week 1

**Level D**

Arrival is 15 minutes prior to the first class.

Monday	Tuesday	Wednesday	Thursday	Friday
10:30-12:15 Technique	10:30-12:15 Technique	11:00-12:45 Technique	11:00-12:45 Technique	10:45-12:15 Technique
12:30-1:30 Pointe	12:30-1:30 Pointe	1:00-2:30 Variations	1:00-2:15 Pas de Deux	12:30-1:30 Pointe
1:30-2:30 Men's Class	1:30-2:15 Men's Class	2:00-3:00 Men's Class	2:15-3:30 Lunch	1:30-2:45 Lunch
1:30-2:45 Lunch	1:30-2:15 Lunch	2:30-3:15 Lunch	2:30-3:30 Men's Class	1:30-2:30 Men's Class
2:45-3:45 Modern	2:15-3:15 Q&A with Woodward	3:15-4:15 Stretch & Strength	3:30-4:45 Contemporary	2:30-3:45 Character
4:30-5:30 Dance Video Seminar	3:30-4:30 Variations			

**Level E**

Arrival is 15 minutes prior to the first class.

Monday	Tuesday	Wednesday	Thursday	Friday
11:30- 1:15 Technique	11:00-12:30 Technique	10:30-12:15 Technique	11:00-12:45 Technique	11:00-12:45 Technique
1:30-2:30 Pointe & Variations	12:45-2:00 Pointe	12:30-1:45 Pointe & Variations	1:00-2:15 Pointe & Variations	1:00-2:30 Pas de Deux
1:30-2:30 Men's Class	2:00-2:15 Lunch	1:45-3:00 Men's Class	2:15-3:15 Lunch	2:30-3:30 Lunch
2:45-3:45 Stretch & Strength	2:15-3:15 Q&A with Woodward	1:45 -3:00 Lunch	2:30-3:30 Men's Class	3:00-4:00 Men's Class
3:45-4:30 Lunch	3:30-4:30 Men's Class	3:00-4:15 Pointe	3:15-4:15 Modern	3:30-4:30 Contemporary
4:30-5:30 Dance Video Seminar	3:45-4:45 Contemporary			

Men take Pas de Deux Tuesdays 12:45-2:00, Thursday 1:00-2:15, and Thursday 3:45-5:00

Men take Stretch and Strength Wednesday 3:15-4:15

**Level F**

Arrival is 15 minutes prior to the first class.

Monday	Tuesday	Wednesday	Thursday	Friday
10:30-12:15 Technique	10:45-12:30 Technique	11:00-12:45 Technique	11:00-12:45 Technique	10:45-12:30 Technique
12:30-1:30 Pointe & Variations	12:45-2:00 Pas de Deux	1:00-2:30 Pointe & Variations	1:00-2:30 Pointe & Variations	12:45-2:00 Pointe & Variations
1:30-2:30 Lunch	2:00-2:15 Lunch	1:45-3:00 Men's Class	2:30-3:30 Men's Class	2:00-2:30 Lunch
1:30-2:30 Men's Class	2:15-3:15 Q&A with Woodward	2:30-3:15 Lunch	2:30-3:45 Lunch	2:30-3:30 Contemporary
2:45-3:45 Contemporary	3:30-4:30 Men's Class	3:15-4:30 Contemporary	3:45-5:00 Pas de Deux	3:00-4:00 Men's Class
4:30-5:30 Dance Video Seminar	3:30-4:30 Stretch & Strength			

Men take Pas de Deux Thursday 1:00-2:15, Friday 1:00-2:30

Week 2

**Level D**

Arrival is 15 minutes prior to the first class.

Monday	Tuesday	Wednesday	Thursday	Friday
10:30-12:15 Technique	10:30-12:15 Technique	11:00-12:45 Technique	11:00-12:45 Technique	10:45-12:15 Technique
12:30-1:30 Pointe	12:30-1:30 Pointe	1:00-2:30 Variations	1:00-2:15 Pas de Deux	12:30-1:30 Pointe
1:30-2:30 Men's Class	1:30-2:15 Men's Class	2:00-3:00 Men's Class	2:15-3:30 Lunch	1:30-2:45 Lunch
1:30-2:45 Lunch	1:30-2:15 Lunch	2:30-3:15 Lunch	2:30-3:30 Men's Class	2:30-4:00 Men's Class
2:45-3:45 Modern	2:15-3:15 Dance Video Seminar	3:15-4:15 Stretch & Strength	3:30-4:45 Contemporary	2:30-3:45 Character
4:00-5:00 Q&A with Mejia	3:30-4:30 Variations			

Men take Pas de Deux Thursday 12:30-1:30

**Level E**

Arrival is 15 minutes prior to the first class.

Monday	Tuesday	Wednesday	Thursday	Friday
11:45- 1:15 Technique	10:45-12:30 Technique	10:30-12:15 Technique	11:00-12:45 Technique	11:00-12:45 Technique
1:30-2:30 Pointe	12:45-2:00 Pointe	12:30-1:45 Contemporary	1:00-2:15 Pointe & Variations	1:00-2:30 Pas de Deux
1:30-2:30 Men's Class	2:00-2:15 Lunch	1:45-3:00 Men's Class	2:15-3:15 Lunch	2:30-3:30 Lunch
2:30-2:45 Lunch	2:15-3:15 Dance Video Seminar	1:45 -3:00 Lunch	2:30-3:30 Men's Class	3:00-4:00 Men's Class
2:45-3:45 Stretch & Strength	3:30-4:30 Men's Class	3:00-4:15 Pointe	3:15-4:15 Modern	3:30-4:30 Contemporary
4:30-5:30 Q&A with Mejia	3:45-4:45 Contemporary			

Men take Pas de Deux Tuesdays 12:45-2:00, Thursday 1:00-2:15, and Thursday 3:45-5:00

Men take Stretch and Strength Wednesday 3:15-4:15

**Level F**

Arrival is 15 minutes prior to the first class.

Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:45 Technique	10:45-12:30 Technique	11:00-12:45 Technique	11:00-12:45 Technique	10:45-12:30 Technique
12:15-1:30 Pointe & Variations	12:30-1:00 Lunch	1:00-2:30 Pointe & Variations	1:00-2:30 Pointe & Variations	12:45-2:00 Pointe & Variations
1:30-2:30 Lunch	1:00-2:15 Pas de Deux	1:45-3:00 Men's Class	2:30-3:30 Men's Class	2:00-2:30 Lunch
1:30-2:30 Men's Class	2:15-3:15 Dance Video Seminar	2:30-3:15 Lunch	2:30-3:45 Lunch	2:30-3:30 Contemporary
2:45-3:45 Contemporary	3:30-4:30 Men's Class	3:15-4:30 Contemporary	3:45-5:00 Pas de Deux	3:00-4:00 Men's Class
4:00-5:00 Q&A with Mejia	3:30-4:30 Stretch & Strength			

Men take Pas de Deux Thursday 1:00-2:15, Friday 1:00-2:15