

BAE PRE-PROFESSIONAL DIVISION
2025-2026 SCHOOL YEAR
LEVELS 1 - 4

LEVEL 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Technique</i>	5:00-6:15 PM	3:45-4:45 PM	5:00-6:15 PM	4:00-5:00 PM	3:45-4:45 PM	10:30-11:45 AM	11:30-12:45 PM

Minimum study requirement is twice weekly.
Classes on Monday, Wednesday, Saturday, and Sunday include fifteen minutes of Stretch.
Please try to include at least one class with stretch in your weekly schedule.

LEVEL 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Technique</i>	4:30-6:00 PM	4:45-6:15 PM		5:00-6:30 PM		10:00-11:45 AM	12:45-2:30 PM

Minimum study requirement is three days per week.
Classes on Saturday, and Sunday include fifteen minutes of Stretch
Please try to include at least one class with stretch in your weekly schedule

LEVEL 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	4:30-6:00 PM	4:45-6:15 PM		5:00-6:30 PM		11:45-1:30 PM
<i>Modern</i>				6:30-7:30 PM		
<i>Character</i>						1:30-2:30 PM

Minimum study requirement is four days per week.
All classes are required.
Class on Saturday includes fifteen minutes of stretch.

LEVEL 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	6:00-7:30 PM		4:30-6:15 PM	5:00-6:30 PM	4:45-6:30 PM	10:15-11:45 AM
<i>Pointe/Variations</i>			6:15-7:15 PM		6:30-7:30 PM	12:00-1:00 PM
<i>Men's Class</i>			6:15-7:15 PM		6:30-7:30 PM	
<i>Character</i>						1:30-2:30 PM
<i>Modern</i>				6:30-7:30 PM		

Minimum study requirement is five days per week.
All classes are required.
Classes on Wednesday and Friday include fifteen minutes of stretch

Taking Additional Classes

Level 1 students are welcome to sign up for an additional technique classes each week, at an additional fee. Please reach out to info@baenyc.com to sign up.
Level 2, 3, and 4 students are encouraged to take additional lower level classes whenever possible. There is no extra fee for additional classes in these levels.