

BAE PRE-PROFESSIONAL DIVISION
2025-2026 SCHOOL YEAR
LEVELS 1 - 4

LEVEL 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Technique</i>	5:00-6:00 PM	3:45-4:45 PM	5:00-6:00 PM	4:00-5:00 PM	3:45-4:45 PM	10:30-11:30 AM	11:30-12:30 PM
<i>Stretch & Strength</i>						11:30-12:00 PM	12:30-1:00 PM

Minimum study requirement is two technique classes weekly.

Students are encouraged to take an optional Stretch & Strength class on either Saturday and Sunday

LEVEL 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Technique</i>	4:30-6:00 PM	4:45-6:15 PM		5:00-6:30 PM		10:00-11:30 AM	1:00-2:30 PM
<i>Stretch & Strength</i>						11:30-12:00 PM	12:30-1:00 PM

Minimum study requirement is three technique classes weekly.

Students are encouraged to take an optional Stretch & Strength class on either Saturday and Sunday

LEVEL 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	4:30-6:00 PM	4:45-6:15 PM		5:00-6:30 PM		11:30-1:15 PM
<i>Modern</i>				6:30-7:30 PM		
<i>Character</i>						1:45-2:45 PM

Minimum study requirement is four days per week.

All classes are required.

LEVEL 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Technique</i>	6:00-7:30 PM		4:30-6:15 PM	5:00-6:30 PM	4:45-6:30 PM	10:00-11:30 AM
<i>Pointe/Variations</i>			6:15-7:15 PM		6:30-7:30 PM	11:45-1:00 PM
<i>Men's Class</i>			6:15-7:15 PM		6:30-7:30 PM	
<i>Character</i>						1:45-2:45 PM
<i>Modern</i>				6:30-7:30 PM		

Minimum study requirement is five days per week.

All classes are required.

Taking Additional Classes

Level 1 students are welcome to sign up for an additional technique classes each week, at an additional fee. Please reach out to info@baenyc.com to sign up.

Level 2, 3, and 4 students are encouraged to take additional lower level classes whenever possible. There is no extra fee for additional classes in these levels.

Schedule is subject to change.

9/15/2025